



Useful Contact Numbers

Stay up to date with college information <https://www.stockton.ac.uk/>

During non-contact teaching time, if at any time you require support or find yourself in crisis, please do not hesitate to use the list of numbers below to access support.

Alice Reid (Safeguarding) 07970 982 324 (Office hours 8.30am-4.30pm)
Emma Garbutt (Welfare) 07736 892 733 (Office hours 8.30am-4.30pm)
Christine Cook (Welfare) 07968 107 338 (Office hours 8.30am-4.30pm)

If you need support outside of these hours, please contact:-

CAMHS (Crisis) 03000 132000 option 6

Crisis (Adult) 01642 524714

For any information regarding Coronavirus please visit Public Health England:-

<https://www.gov.uk/government/organisations/public-health-england>

Police, Ambulance, Fire Brigade **EMERGENCY ONLY** 999

Police Non-emergency 101

Medical Non-emergency 111

Samaritans 116123

Samaritans (Text) Having A Crisis? Under 25? Text THEMIXHELP to 85258

Alliance – Psychological Counselling Services 01642 352747

Mind – Counselling 01642 296052

Starfish – Emotional wellbeing 01642 672987

Cruse – Bereavement Care 01642 210284

Kooth – An anonymous online counselling and emotional wellbeing service tailored to students under 18 years of age, open 365 days per year: www.kooth.com

Change Grow Live – Drug and Alcohol Recovery Service 01642 673888
24-hour helpline 0800 0522050

Homeless

Stockton Central Library, Church Road, TS18 1TX 01642 528389

Out of hours emergencies 01642 524552

Foodbanks

Darlington – King’s Centre, Prospect Place, Whessoe Road, DL3 0QT [01325 575522](tel:01325575522)

For information on Food Bank opening days, where to get vouchers and collection sites, please call:

Stockton/Billingham – [07583 575522](tel:07583575522)

Middlesbrough – [07954131337](tel:07954131337)

Hartlepool – [01429 598404](tel:01429598404)

Local GP’s in Stockton and Billingham

Tennant Street Medical Practice	01642 613331
Queens Park Medical Practice	01642 679681
The Arrival Medical Practice	01642 615415
Riverside Medical Practice	01642 604117
The Dovecot Surgery	01642 676520
Woodlands Family Medical Centre	01642 607398
Elm Tree Surgery	01642 616663
Norton Medical Centre	01642 745350
The Eaglescliffe Medical Practice	01642 780113
Queens Park Medical Centre	01642 618170
Melrose Surgery (Billingham)	01642 553055
Lawson Street Health Centre	01642 704200
Alma Medical Centre	01642 607248
Queenstree Practice (Billingham)	01642 553389
The Roseberry Practice (Billingham)	01642 564310
Billingham Health Centre (Billingham)	01642 558121
Kingsway Medical Centre (Billingham)	01642 564310