

Student Work Book

HEALTH & SOCIAL CARE

Meet the team!

Hello from the Stockton Riverside
College Schools Team!
We want to let you know we are here
to help you as restrictions start to ease
in any way that we can. Remember
that although your exams have been
cancelled your place at Stockton
Riverside College hasn't.



We know everyone is very keen to get started with us in September, and we can't wait to see you all then! We've developed these workbooks to help support you and help you fine-tune your knowledge and skills before you join us. Working closely with course tutors, we've come up with some tasks to help ensure you're up to speed once you start with us in September. We'll also be sending out more guides and top tips to get you started before you enrol!

Don't forget to follow us on our social channels for regular updates, competitions and campus news. Every Tuesday the Schools Team host weekly course takeover Q&A sessions on Instagram to answer any questions you may have! We hope you're as excited as we are for you to start your journey with us. If you have any questions, please get in touch via social media or check out our website for FAQs and latest updates relating to government guidelines.





@stocktonriversidecollege



@srcinfo



www.stockton.ac.uk



We hope to see you soon!

Firstly, all of us would like to congratulate you on the acceptance of your chosen course. We eagerly await to meet you in the coming months!

We continue to find ourselves in unfamiliar times, so let's focus on the future and the journey you will soon be beginning. This booklet contains several different activities to complete. The following tasks are aimed at preparing you for your new chapter. Please email your completed work to adam.howe@the-etc.ac.uk Good luck!



Health and Social Care

Teacher name: Janet Pinchbeck Email Address: Janet.Pinchbeck@stockton.ac.uk

Welcome to your Health and Social Care Summer Induction pack.

This task requires you to carry out some research in order to investigate a topic of your interest. The research you gather will enable you to answer the below questions and prepare you for the discussions that will be taking place during the first week of your study this September.





Health and Social Care

TASK 1

Investigate an area of personal interest that you would like to know more about. Gather information and compile a "project" by researching and writing up your findings. Add images and diagrams to illustrate your research etc.

Bring your project with you on your first week of college for us to discuss and utilise - possibly in the form of a self-study wall display.

Some suggested areas might include:

- Why is outdoor play important for children?
- Why do older people need social interaction?
- What can be done to reduce childhood obesity? Why is this important?
- What can be done to reduce adult obesity? Why is this important?
- Is technology damaging children's social skills?
- How can older people be taught to use technology?
- How important is spelling and grammar?
- What behaviours are expected of professionals that work in Education or Care?
- If you had a million pounds, how would you spend it to enhance the lives of children in your local area?
- If you had a million pounds, how would you spend it to enhance the lives of adults in your local area?

Baring in mind the current state of the environment we are currently working in; look at jobs within Health and Social Care and Childcare, as well as the role of the key workers and the impact this has on the nation.

What are their roles? What skills do they need to perform these roles?